



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA ARLINGTON COMMUNITY IMPACT SUMMARY

YOUTH DEVELOPMENT: Nurturing children through programs, classes and events that promote character development, healthy lifestyles and academic achievement.

- ✓ Serves over **8,000 Arlington youth and teens** who participate in child care, summer camp, tennis, gymnastics, youth sports, aquatics and other programs.
- ✓ Over **70% (about \$60,000) of scholarships** were awarded for children to participate in school-age child care and summer day camps.

HEALTHY LIVING: Supporting individuals, seniors, parents and families by providing programs, classes and events for a healthy lifestyle.

- ✓ Over **2,878 families**, individual and seniors participated in YMCA Arlington's wellness programs and play on our tennis and squash courts.
- ✓ Arlington Tennis Center served as the host site for USTA young professional events for the Mid-Atlantic region
- ✓ Worked with Arlington County in promoting physical activity through tournaments, social events and County league play.
- ✓ Through collaborations with **Cooking Matters and the American Heart Association**, we have been able to offer nutritional education to the community through **grocery store tours, financially responsible shopping and providing healthy recipes** for families and children.

SOCIAL RESPONSIBILITY: Partnering with community leaders and organizations to provide leadership and support in addressing the needs of our children, teens and families.

- ✓ Since 2010, the YMCA Arlington has provided over **\$800,000 in scholarships** and financial assistance to those in need, so they could participate in YMCA programs.
- ✓ Partnership with the **CitiOpen** has enabled Y kids and military families to participate in clinics led by tour players. Additionally, the partnership has **allowed Y kids to be ball girls and boys at the tournament** and give them the opportunity to experience the week-long major sporting event.
- ✓ The vision of the YMCA Arlington's Advisory board is to closely address the needs of at-risk children, teens and their families. Thus, **YMCA Arlington is a host for after school enrichment programs, free of charge, to address community needs for students at Arlington Title I schools.**



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AWARDS AND SPECIAL HONORS:

- ✓ Leadership Center of Excellence's **2017 Non-Profit Leadership Legacy Award**
- ✓ **2017 Best of Arlington Contest – Recreation/Fitness Center/Gym (Sun Gazette)**
- ✓ **2017 Best of Arlington Contest – Summer Day Camp (Arlington Magazine)**

PARTNERSHIPS AND COLLABORATIONS:

- ✓ **Arlington County Out-of-School Time Advisory Council-** The Y, as a member of the Council, sponsors the annual 40 Developmental Assets Conference.
- ✓ **Nearly every elementary school in the county** – Offers safe and curriculum-rich after school childcare, and is expanding its reach with the opening of an additional off-site program for the 2019–2020 school year. Additionally, the Y provides enrichment programming at over 10 elementary schools in the areas of nutrition, sports/recreation and STEM.
- ✓ **4 Star-** Brought on as our premier tennis provider. Arlington Tennis Center is also the host for USTA-sanctioned junior tournaments and leagues for youth 18 years of age and younger.
- ✓ **Washington Kastles-** Enables Y families to attend Kastles matches each year and allowed our youth to participate in special clinics led by top pro players such as Venus Williams.
- ✓ **Additional Partnerships/collaborations:** The Columbus Club of Arlington, Kiwanis, the Arlington Community Foundation, The Arlington County Bar, Arlington Public Schools, Washington Forrest Foundation, St Mary's Episcopal Church, The Darin Family Charitable Fund and many others.

CONTRIBUTIONS TO YMCA "SIGNATURE PROGRAMS":

- ✓ Arlington Public Schools recognized YMCA Arlington as a top partner for **the YMCA Model General Assembly (Youth & Government)** program. This program works with school teachers to work at the Arlington Career Center, Yorktown High School, HB-Woodlawn High School, Wakefield High School, Washington-Lee High School and Bishop O'Connell. Participation **has grown to over 110 students**.
- ✓ Made it possible for **over 350 kids** from the Arlington Y to our 23rd annual **Thingamajig Invention Convention** where local children were able to create eco-friendly inventions and compete with other young inventors for fun prizes and awards and expose them to the worlds of science, technology, performing arts, aeronautics, engineering, active fitness and play, nutrition and going green.
- ✓ Our annual **Healthy Kids Day** encourages healthy habits for children and families, active play, and a life time of love for physical activity. **Over 200 families** within the community attend this day of free, healthy, informative and fun activities.

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VOLUNTEERISM:



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- ✓ 20 program volunteers including an active parent committee of volunteers supporting the competitive gymnastics program. Parents fundraise and staff the meets and events to support the team.
- ✓ Volunteer board of 13 members to bolster programming at YMCA Arlington.