



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA SILVER SPRING COMMUNITY IMPACT SUMMARY

**YOUTH DEVELOPMENT:** Nurturing children through programs, classes and events that promote character development, healthy lifestyles and academic achievement.

- ✓ Over 4000 youth and teens who participate in early learning, after school programs, summer camp, swim team, youth sports and aquatics programs.
- ✓ On average, we provide over \$72,000 in scholarships awarded for children to participate in subsidized programming for early learning, after school programs, youth sports and aquatic classes
- ✓ YMCA Silver Spring offers swim lessons for home-schooled children and serves over 100 children annually.

**HEALTHY LIVING:** Supporting individuals, seniors, parents and families by providing programs, classes and events for a healthy lifestyle.

- ✓ Over 1,700 members participate in our Wellness and Aquatics programs
- ✓ We provide 70 free wellness classes to members during the year.
- ✓ Our Better Balance Class has enabled 240 seniors to maintain strength and balance for activities of daily living.
- ✓ Hosts the Sub District Championship Swim Meet for the YMCA Swimming Chesapeake and Potomac Swim League.

**SOCIAL RESPONSIBILITY:** Partnering with community leaders and organizations to provide leadership and support in addressing the needs of our children, teens and families.

- ✓ Provides approximately \$147,000 in scholarships to those in need, so they may participate in YMCA membership and programs.
- ✓ YMCA Silver Spring volunteers and partners with Youth and Family Services to host the annual Angel Tree which provides holiday gifts for over 100 youth in Montgomery County.
- ✓ Responded to the devastating apartment fire in Silver Spring by providing free camp services for affected families and serving as a donation collection center (collecting soft goods for victims).



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### PARTNERSHIPS AND COLLABORATIONS:

- ✓ **JTCC (Junior Tennis Championship Club)** – Delivered tennis instruction through summer camps, clinics and competitive tournaments, to over 350 participants annually.
- ✓ **Kaboom and Delta Airlines** – Replaced our aging playground to better youth in our community.
- ✓ **Sligo Creek Elementary School** – Delivered the “Fun Friday”- which provides structured, age appropriate physical activity during the school recess time.
- ✓ **Adventist Community Services**- Distributed School supplies to families in need.
- ✓ **Boy Scouts of America**- Provided needed space and facilities for annual badge testing
- ✓ **Kohl’s and Discovery** – Hosted volunteers at community events & multi-day projects.
- ✓ Additional partnerships include: Silver Spring Chamber of Commerce ; Silver Spring Rotary Club;

### CONTRIBUTIONS TO YMCA “SIGNATURE PROGRAMS”

- ✓ We implement the **Physical Healthy Driven (PHD) program** with over **60** school-age children to teach creative & fun ways to exercise. Kids participate in exercise from warm-up stretching to high intensity group games.
- ✓ Sends more than **300** kids to the YMCA **Annual Thingamajig Invention Convention** where children create eco-friendly inventions & compete with other young inventors for fun prizes. This event introduces them to the world of STEAM --science, technology, performing arts, aeronautics, engineering, active fitness and play, nutrition, and going green.
- ✓ Along with other Y’s across the country, we host a local annual **Healthy Kids Day**, a free community health event for kids, which encourages healthy habits for children and families, active play and physical activity.

### VOLUNTEERISM

- ✓ 9 Volunteers on volunteer board to advise on fundraising efforts and connect the Silver Spring Y with the community.
- ✓ 78 program volunteers assisting with summer camp and activities.