



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



# PRIVATE SWIM LESSONS

YMCA Silver Spring now offers private and semi-private swim lessons for children and adults.

To schedule a swim lesson, you must complete and return the swim lesson application on the back of this flyer.

Payment is made for one lesson at a time, or for a Pack of 6 Lessons.

Cancellations must be made at least 24 hours prior to your appointment; otherwise you may be subject to a cancellation fee; forfeiting Lesson Fee.

Your private swim lesson fee applies only to the actual lesson time. Any additional swimming must be paid by a Full Membership.

Private swim lessons are available on a semi-private basis as well. The two students in the lesson must be at the same skill level in order to qualify for the semi-private rate.

## AVAILABLE LESSON TIMES

Time confirmation is subject to change due to instructor availability and facility space

**SATURDAYS** 7:30 am - 9:00 am & 12:30 pm - 7:30 pm

**SUNDAYS** 12:30 pm - 7:30 pm

**MONDAY-FRIDAY** 6:30 am- 8:30 pm

Your lesson fee pays for the instructional time only. Any additional pool time will be subject to Membership.



## WHAT TO EXPECT

- Please arrive 15 minutes before your scheduled private swim lesson.
- Please make sure that your child has not had a heavy meal prior to the lesson.
- Please take your child to the bathroom before the lesson begins.
- Swim diapers and tight fitting plastic pants are required for infants and children who are not potty trained.
- All lesson participants must rinse off in the shower prior to entering the pool.
- Parents are invited to view lessons from the deck and/or grass.
- Please remain on the grounds during the swim lesson.

# PRIVATE SWIM LESSON APPLICATION

Complete and return this application to the Membership Desk. You will be contacted within two weeks. A swim lesson instructor will be arranged to meet you at the time of your appointment for the allotted time.

Name: \_\_\_\_\_

Day/Time Requested: \_\_\_\_\_

Best Phone #: \_\_\_\_\_

Pool Membership (Check one):  Yes  No

Email: \_\_\_\_\_

Swimming Skill Level (Check one):  Beginner  
 Intermediate  
 Advanced

Check one:  Adult  Child

Age(s): \_\_\_\_\_

Date Application Submitted \_\_\_\_\_