YMCA Anthony Bowen

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WINTER Swim Class Schedule – 8 weeks
January, 02. 2023 – February, 26.2023

*ACTIVE YMCA MEMBERSHIP IS REQUIRED PRIOR TO REGISTRATION

MONDAY						
START	END	CLASS	CLASS#	AGE	FULL MEM	PROG MEM
10:00AM	10:45AM	AQUA AEROBIC	02401 01	18+	FREE	$115

TUESDAY						
START	END	CLASS	CLASS #	AGE	FULL MEM	PROG MEM
7:45PM	9:00PM	MASTER SWIM	02301 50	18+	$99	$149

WEDNESDAY						
START	END	CLASS	CLASS #	AGE	FULL MEM	PROG MEM
5:45PM	6:30PM	SWIM CLUB	02202 80	6y-9y	$179	$267
5:45PM	6:30PM	SWIM CLUB	02202 81	10y-15y	$179	$267

THURSDAY						
START	END	CLASS	CLASS#	AGE	FULL MEM	PROG MEM
7:00PM	7:40PM	TEEN ADULT S1-S2	02301 01	13+	$138	$216
7:45PM	9:00PM	MASTER SWIM	02301 50	18+	$99	$149

SATURDAY						
START	END	CLASS	CLASS#	AGE	FULL MEM	PROG MEM
9:00AM	9:30AM	Water Discovery SA	02101 01	6m–24m	$118	$188
9:00AM	9:30AM	Water Exploration SB	02101 15	24m–36m	$118	$188
9:30AM	10:00AM	Water Acclimation S1	02101 57	3y – 5y	$118	$188
10:00AM	10:30AM	Water Movement S2	02101 28	3y – 5y	$118	$188
10:30AM	11:00AM	Water Stamina S3	02101 52	3y – 5y	$118	$188
12:00PM	12:45PM	SWIM CLUB	02201 73	7y – 14y	$179	$267

SUNDAY						
START	END	CLASS	CLASS#	AGE	FULL MEM	PROG MEM
9:00AM	9:30AM	Water Acclimation S1	02101 26	3y - 5y	$118	$188
9:30AM	10:00AM	Water Movement S2	02101 25	3y - 5y	$118	$188
9:00AM	9:40AM	Water Acclimation S1	02201 04	6y – 12y	$138	$216
9:40AM	10:20AM	Water Movement S2	02201 05	6y – 12y	$138	$216
10:20AM	11:00AM	Water Stamina S3	02201 18	6y – 12y	$138	$216
10:20AM	11:00AM	Stroke Introduction S4	02202 40	6y – 12y	$138	$216

YMCA Anthony Bowen
1325 W Street, NW
Washington, DC 20009

Session Dates 2023
Winter 01/02/23 – 02/26/23