



YMCA Fairfax County Reston - Aquatics Schedule - Swim Season

2023- SUMMER I Pool Schedule

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

	Monday					Tuesday					Wednesday					Thursday					Friday					Saturday					Sunday																										
	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1	Lane	6	5	4	3	2	1								
4:00 AM																																																									4:00 AM
5:00 AM																																																									5:00 AM
6:00 AM																																																									6:00 AM
6:30 AM																																																									6:30 AM
7:00 AM																																																									7:00 AM
7:30 AM																																																									7:30 AM
8:00 AM																																																									8:00 AM
8:30 AM																																																									8:30 AM
9:00 AM																																																									9:00 AM
9:30 AM																																																									9:30 AM
10:00 AM																																																									10:00 AM
10:30 AM																																																									10:30 AM
11:00 AM																																																									11:00 AM
11:30 AM																																																									11:30 AM
NOON																																																									NOON
12:30 PM																																																									12:30 PM
1:00 PM																																																									1:00 PM
1:30 PM																																																									1:30 PM
2:00 PM																																																									2:00 PM
2:30 PM																																																									2:30 PM
3:00 PM																																																									3:00 PM
3:30 PM																																																									3:30 PM
4:00 PM																																																									4:00 PM
4:30 PM																																																									4:30 PM
5:00 PM																																																									5:00 PM
5:30 PM																																																									5:30 PM
6:00 PM																																																									6:00 PM
6:30 PM																																																									6:30 PM
7:00 PM																																																									7:00 PM
7:30 PM																																																									7:30 PM
8:00 PM																																																									8:00 PM
8:30 PM																																																									8:30 PM
9:00 PM																																																									9:00 PM
9:30 PM																																																									9:30 PM

Lane assignments may change to suit current pool conditions
LIMITED OPEN/FAMILY SWIM DURING SWIM TEAM and SWIM LESSONS

YMCA PROGRAMING TAKES PRIORITY OVER OPEN SWIM / PLAY TIME

Private lessons