## YMCA ALEXANDRIA SUMMER POOL SCHEDULE

Effective June 19th through August 20th

the pool.       3:00AM-9:30AM       8:00AM-10:00AM       8:00AM-10:00AM       8:00AM-10:00AM       9:00AM-10:00AM       9:00AM       9:00A		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
before entering the pool.       8:00AM-9:30AN       8:00AM-10:00AM       8:00AM-10:00AM       9:00AM-1:00PM       9:00AM-1:00PM         2 lap		6AM - 8:00AM	7:30AM-9:00AM	7:30AM-9:00AM					
the pool.       3:00AM-9:30AM       8:00AM-10:00AM       8:00AM-10:00AM       9:00AM-10:00AM       9:00AM       9:00A	before entering	4 Lap	4 Lap	·	4 Lap	4 Lap	4 Lap	4 Lap	
1       2 Lap       2 L		8:00AM-9:30AM	8:00AM-10:00AM	8:00AM-10:00AM	8:00AM-10:00AM	8:00AM-10:00AM	9:00AM-1:00PM	9:00AM-1:00PM	
Aerobics (8am- 8:45am)       Aerobics (8am- 9:45am)       Isoure 1:00PM - 5:30PM       Isoure 1:00PM - 5:30PM       Isoure 1:00PM - 5:30PM         No photography or videos allowed.       2 Lap       2 Rec**       2 Rec**       2 Lap       No Swin Lessons: July 1st-July 7th       Aerobics (6pm- 6:00PM-3:0PM       Aerobics (6pm- 6:00PM-3:0PM       Aerobics (6pm- 6:45pm)       Aerobics (6pm- 6:45pm)       Aerobics (6pm- 6:45pm)       Aerobics (6pm- 6:45pm)       Aerobics (6pm- 6:00PM - 8:00PM       Aerobics (6pm- 6:00PM -		2 Lap	2 Lap		2 Lap	2 Lap	2 Lap	2 Lap	
8:45am       9:45am       9:45am       9:45am       9:45am       9:45am       9:45am       1:00PM - 5:30PM       2 Lap       2 La		2 Shallow Water	2 Shallow Water	2 Rec**	2 Shallow Water	2 Shallow Water	2 Lessons	2 Lessons	
9:30 AM 12:00PM       10:00 AM 12:00PM       10:00 AM 12:00PM       10:00 AM 12:00PM       10:00 AM 12:00PM       1:00PM-5:30PM         2 Lap       2 Rec**       2 Rec**       2 Rec*						·			
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No photography or videos allowed.       2 Camp       2 Camp       2 Camp       2 Rec**								1:00PM-5:30PM	
No       Discography or videos allowed.       12:00PM-3:00PM       12:00PM-3:00PM       12:00PM-3:00PM       12:00PM-3:00PM         2 Lap 2 Lap 2 Camp       2 Lap 2 Camp       2 Lap 2 Camp       2 Lap 2 Camp       2 Lap       No Camp Monday June 19th & Tuesday July 4th         4:00PM-6:00PM       4:00PM-6:00PM       4:00PM-6:00PM       4:00PM-6:00PM       8:00PM-9:00PM       8:00PM-9:00PM       8:00PM-9:00PM       8:00PM-9:00PM       No Swim Lessons: July 1st-July 7th         1 Lap 2 Rec**       2 Lap 2 Rec**       2 Lap 2 Rec**       2 Lap       2 Lap       No Swim Lessons: July 1st-July 7th         2 Rec**       2 Lap       2 Lap       2 Lap       2 Lap       2 Lap         2 Rec**       2 Lap       2 Lap       2 Lap       2 Lap         2 Lap       2 Lap       2 Lap       2 Lap       2 Lap       2 Lap         2 Shallow Water view from upstairs.       2 Reo       7:00PM - 8:00PM       7:00PM - 8:00PM       7:00PM - 8:00PM       2 Rec**       2 Rec**         2 Lap       2 Lap       2 Lap       1 Lap       1 Lap       2 Lap <td></td> <td>•</td> <td></td> <td>- 1-</td> <td></td> <td></td> <td>- F</td> <td></td>		•		- 1-			- F		
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Sunday 7:30 AM 5:30 PM			Saturday	7:30 AM	5:30 PM				
			Sunday	7:30 AM	5:30 PM				

Lap = Lane open for swimmers to swim continuous laps. Sharing lanes and circle swimming is enforced.

Class = Lane designated to a swim lesson.

Water Fitness = Lane desginated to a water fitness class.

Rec\*\* = Lane priority goes to recreational swimmers. Examples: Children and parents, water exercise. Private Lessons also held in this area.