



YMCA FAIRFAX COUNTY RESTON 2023 FALL I SWIM SESSION

SEPT. 16TH – OCT. 22ND

(A SIX-WEEK SESSION)

*ACTIVE YMCA MEMBERSHIP
IS REQUIRED PRIOR TO
REGISTRATION*

Refund / Cancellation Policy:

- The YMCA Reston Aquatics department will only credit/refund money due to medical reasons with a doctor's note.
- Any credit/refund made after the start of a session will be prorated at the discretion of the Aquatics Director. The credits on a member's account are only good for 1 year. After that year, they will expire.
- If the YMCA Reston cancels the class or reschedules a course at the beginning of the session, full credit/refund will be given.
- The YMCA does not offer make-ups for absences.
- If verified illness prohibits class attendance, and is reported to the YMCA Aquatics Staff, a makeup lesson will be given. A doctor's note must be submitted.
- All programs have a minimum enrollment number of three participants. Programs with fewer participants may be combined or canceled. You will have the option of receiving a full refund/credit or switching to another similar price program or class.
- Only the Aquatics Director will approve refund for a reason not mentioned above.
- After the second class, you will not be able to register for the program.
- Late registration will not be prorated.



REGISTRATION OPENS AUGUST 20TH

We offer classes for beginner to competitive swimmers of all ages!

- Parent/Child Swim Lessons: Ages 6 Months - 3 Years
- Preschool Swim Lessons: Ages 3 - 5 Years
- Youth Swim Lessons: Ages 6 - 12 years
- Teen Swim Lessons: Ages 12 - 17 years
- Adult Swim Lessons: Ages 18 & Up

WAYS TO REGISTER:

- Register online at Easy To Enroll:
<https://easytoenroll.ymcadc.org/register>
- Register at the YMCA Fairfax County Reston front desk.
- Email our Assistant Aquatics Director Charles Pabon at Charles.Pabon@ymcadc.org.



SATURDAY CLASSES

Time	Class	Age	Class Code	Full / Program Member Cost	Dates
9:00–9:30am	Stage B Water Exploration	1-4	02101-01	\$105 / \$140	9/16-10/21
9:00–9:30am	Stage 2 Water Movement	3-5	02101-03	\$105 / \$140	9/16-10/21
9:00–9:30am	Stage 3 Water Stamina	3-5	02101-04	\$105 / \$140	9/16-10/21
9:35–10:15am	Level 1 Water Acclimation	6-12	02201-01	\$105 / \$140	9/16-10/21
9:35–10:15am	Level 3 Water Stamina	6-12	02201-03	\$105 / \$140	9/16-10/21
9:35–10:15am	Level 4 Stroke Introduction	6-12	02201-04	\$105 / \$140	9/16-10/21
10:20–10:50am	Stage 1 Water Acclimation	3-5	02101-02	\$105 / \$140	9/16-10/21
10:20–10:50am	Stage 2 Water Movement	3-5	02101-13	\$105 / \$140	9/16-10/21
10:20–10:50am	Stage 3 Water Stamina	3-5	02101-14	\$105 / \$140	9/16-10/21
11:00–11:40am	Level 2 Water Movement	6-12	02201-02	\$105 / \$140	9/16-10/21
11:00–11:40am	Level 5 Stroke Development	6-12	02201-05	\$105 / \$140	9/16-10/21
11:00–11:40am	Level 6 Stroke Mechanics	6-12	02201-06	\$105 / \$140	9/16-10/21

SUNDAY CLASSES

Time	Class	Age	Class Code	Full / Program Member Cost	Dates
9:30–10:00am	Stage B Water Exploration	1-4	02102-01	\$105 / \$140	9/17-10/22
9:30–10:00am	Stage 2 Water Movement	3-5	02102-03	\$105 / \$140	9/17-10/22
9:30–10:00am	Stage 3 Water Stamina	3-5	02102-04	\$105 / \$140	9/17-10/22
10:05–10:45am	Level 1 Water Acclimation	6-12	02202-01	\$105 / \$140	9/17-10/22
10:05–10:45am	Level 2 Water Movement	6-12	02202-02	\$105 / \$140	9/17-10/22
10:05–10:45am	Level 4 Stroke Introduction	6-12	02202-04	\$105 / \$140	9/17-10/22
10:50–11:20am	Stage 1 Water Acclimation	3-5	02102-02	\$105 / \$140	9/17-10/22
10:50–11:20am	Stage 2 Water Movement	3-5	02102-13	\$105 / \$140	9/17-10/22
10:50–11:20am	Stage 3 Water Stamina	3-5	02102-14	\$105 / \$140	9/17-10/22
11:30–12:10pm	Level 3 Water Stamina	6-12	02202-03	\$105 / \$140	9/17-10/22
11:30–12:10pm	Level 5 Stroke Development	6-12	02202-05	\$105 / \$140	9/17-10/22
11:30–12:10pm	Level 6 Stroke Mechanics	6-12	02202-06	\$105 / \$140	9/17-10/22

Saturday and Sunday classes are part of a 6 class session.