



YMCA ANTHONY BOWEN

AQUATICS

FALL II POOL SCHEDULE

OCTOBER 28, 2024 – DECEMBER 15, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:45 - 9:00 5 LAPS / 1 REC / FAM	5:45 - 9:00 5 LAPS / 1 REC / FAM	5:45 - 9:00 5 LAPS / 1 REC / FAM	5:45 - 9:00 5 LAPS / 1 REC / FAM	5:45 - 9:00 5 LAPS / 1 REC / FAM	7:15 - 9:00 5 LAPS / 1 REC / FAM	7:15 - 9:00 5 LAPS / 1 REC / FAM
	4:00 - 5:30 4 LAPS / 2 FIELD SCH		4:00 - 5:30 4 LAPS / 2 FIELD SCH		9:00 - 1:00 4 LAPS / 2 CLASS	9:00 - 12:00 2 LAPS / 4 CLASS
			7:00 - 7:45 4 LAPS / 2 CLASS			
9:00 - 10:00 5 LAPS / 1 REC / FAM	9:00 - 10:00 5 LAPS / 1 REC / FAM	9:00 - 10:00 5 LAPS / 1 REC / FAM	7:45 - 10:00 5 LAPS / 1 REC / FAM	9:00 - 8:00 5 LAPS / 1 REC / FAM	1:00 - 6:30 5 LAPS / 1 REC / FAM	12:00 - 6:30 5 LAPS / 1 REC / FAM

Schedule subject to change without notice

Everyone must SHOWER before entering the pool

LAP - Available lanes for lap swimming.

CLASS - Lanes reserved for classes.

REC/FAM - Lanes reserved for recreational swimming, private lessons and families.