



YMCA ANTHONY BOWEN

AQUATICS

WINTER POOL SCHEDULE

JANUARY 06, 2025 – FEBRUARY 23, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	5:45am - 4:00pm 5 LAPS / 1 REC/FAM		5:45am - 4:00pm 5 LAPS / 1 REC/FAM		7:15am - 9:00am 5 LAPS / 1 REC/FAM	7:15am - 9:00am 5 LAPS / 1 REC/FAM
5:45am - 10:00pm 5 LAPS / 1 REC/FAM		5:45am - 10:00pm 5 LAPS / 1 REC/FAM		5:45am - 10:00pm 5 LAPS / 1 REC/FAM		
	4:00pm - 5:30pm 4 LAPS / 2 FIELD SCH		4:00pm - 5:30pm 4 LAPS / 2 FIELD SCH		9:00am - 1:00pm 4 LAPS / 2 CLASS	9:00am - 12:00pm 2 LAPS / 4CLASS
			5:30pm - 7:00pm 5 LAPS / 1 REC/FAM			
			7:00pm - 7:45pm 4 LAPS / 2 CLASS			
	5:30pm - 10:00pm 5 LAPS / 1 REC/FAM		7:45pm - 10:00pm 5 LAPS / 1 REC/FAM		1:00pm - 6:30pm 5 LAPS / 1 REC/FAM	12:00pm - 6:30pm 5 LAPS / 1 REC/FAM

Schedule subject to change without notice

Everyone must SHOWER before entering the pool

LAP - Available lanes for lap swimming.

CLASS - Lanes reserved for classes.

REC/FAM - Lanes reserved for recreational swimming, private lessons and families.