



# YMCA FAIRFAX COUNTY RESTON 2025 - SPRING SWIM SESSION

**MARCH 1<sup>ST</sup> – APRIL 13<sup>TH</sup>**

**( SEVEN-WEEK SESSION )**

**\*ACTIVE YMCA MEMBERSHIP  
IS REQUIRED PRIOR TO  
REGISTRATION\***

## Refund / Cancellation Policy:

- The YMCA Reston Aquatics department will only credit/refund money due to medical reasons with a doctor's note.
- Any credit/refund made after the start of a session will be prorated at the discretion of the Aquatics Director. The credits on members' accounts are only good for 1 year. After that year, they will expire.
- If the YMCA Reston cancels the class or reschedules a course at the beginning of the session, full credit/refund will be given.
- The YMCA does not offer make-ups for absences.
- If verified illness prohibits class attendance, and is reported to the YMCA Aquatics Staff, a makeup lesson will be given. A doctor's note must be submitted.
- All programs have a minimum enrollment number of three participants. Programs with fewer participants may be combined or canceled. You will have the option of receiving a full refund/credit or switching to another similar price program or class.
- Only the Aquatics Director will approve a refund for a reason not mentioned above.
- After the second class, you will not be able to register for the program.
- Late registration will not be prorated.



**REGISTRATION IS OPEN  
NOW !!!**

**We offer classes for beginner to competitive swimmers of all ages!**

- Parent/Child Swim Lessons: Ages 6 Months - 3 Years
- Preschool Swim Lessons: Ages 3 - 5 Years
- Youth Swim Lessons: Ages 6 - 12 years
- Teen Swim Lessons: Ages 12 - 17 years
- Adult Swim Lessons: Ages 18 & Up

## WAYS TO REGISTER:

- Register online at Easy To Enroll: <https://easytoenroll.ymcadc.org/register>
- Register at the YMCA Fairfax County Reston front desk.
- Email our Assistant Aquatics Director Charles Pabon at [charles.pabon@ymcadc.org](mailto:charles.pabon@ymcadc.org)



## SATURDAY CLASSES

| Time          | Class                       | Age  | Class Code | Full / Program Member Cost | Dates***  |
|---------------|-----------------------------|------|------------|----------------------------|-----------|
| 9:00-9:30am   | Stage B Water Exploration   | 1-4  | 02101-01   | \$125 / \$175              | 3/01-4/12 |
| 9:00-9:30am   | Stage 2 Water Movement      | 3-5  | 02101-03   | \$125 / \$175              | 3/01-4/12 |
| 9:00-9:30am   | Stage 3 Water Stamina       | 3-5  | 02101-04   | \$125 / \$175              | 3/01-4/12 |
| 9:35-10:15am  | Level 1 Water Acclimation   | 6-12 | 02201-01   | \$125 / \$175              | 3/01-4/12 |
| 9:35-10:15am  | Level 3 Water Stamina       | 6-12 | 02201-03   | \$125 / \$175              | 3/01-4/12 |
| 9:35-10:15am  | Level 4 Stroke Introduction | 6-12 | 02201-04   | \$125 / \$175              | 3/01-4/12 |
| 10:20-10:50am | Stage 1 Water Acclimation   | 3-5  | 02101-02   | \$125 / \$175              | 3/01-4/12 |
| 10:20-10:50am | Stage 2 Water Movement      | 3-5  | 02101-13   | \$125 / \$175              | 3/01-4/12 |
| 10:20-10:50am | Stage 3 Water Stamina       | 3-5  | 02101-14   | \$125 / \$175              | 3/01-4/12 |
| 11:00-11:40am | Level 2 Water Movement      | 6-12 | 02201-02   | \$125 / \$175              | 3/01-4/12 |
| 11:00-11:40am | Level 5 Stroke Development  | 6-12 | 02201-05   | \$125 / \$175              | 3/01-4/12 |
| 11:00-11:40am | Level 6 Stroke Mechanics    | 6-12 | 02201-06   | \$125 / \$175              | 3/01-4/12 |

## SUNDAY CLASSES

| Time          | Class                       | Age  | Class Code | Full / Program Member Cost | Dates***  |
|---------------|-----------------------------|------|------------|----------------------------|-----------|
| 9:30-10:00am  | Stage B Water Exploration   | 1-4  | 02102-01   | \$125 / \$175              | 3/02-4/13 |
| 9:30-10:00am  | Stage 2 Water Movement      | 3-5  | 02102-03   | \$125 / \$175              | 3/02-4/13 |
| 9:30-10:00am  | Stage 3 Water Stamina       | 3-5  | 02102-04   | \$125 / \$175              | 3/02-4/13 |
| 10:05-10:45am | Level 1 Water Acclimation   | 6-12 | 02202-01   | \$125 / \$175              | 3/02-4/13 |
| 10:05-10:45am | Level 2 Water Movement      | 6-12 | 02202-02   | \$125 / \$175              | 3/02-4/13 |
| 10:05-10:45am | Level 4 Stroke Introduction | 6-12 | 02202-04   | \$125 / \$175              | 3/02-4/13 |
| 10:50-11:20am | Stage 1 Water Acclimation   | 3-5  | 02102-02   | \$125 / \$175              | 3/02-4/13 |
| 10:50-11:20am | Stage 2 Water Movement      | 3-5  | 02102-13   | \$125 / \$175              | 3/02-4/13 |
| 10:50-11:20am | Stage 3 Water Stamina       | 3-5  | 02102-14   | \$125 / \$175              | 3/02-4/13 |
| 11:30-12:10pm | Level 3 Water Stamina       | 6-12 | 02202-03   | \$125 / \$175              | 3/02-4/13 |
| 11:30-12:10pm | Level 5 Stroke Development  | 6-12 | 02202-05   | \$125 / \$175              | 3/02-4/13 |
| 11:30-12:10pm | Level 6 Stroke Mechanics    | 6-12 | 02202-06   | \$125 / \$175              | 3/02-4/13 |

## 7-Week Swim-Session